5 Week Healthy Cooking Program

EVENT DESCRIPTION :

Come and join us for a 5 week cooking course, Thursdays 17th Oct through to Thursday 21st Nov held at Rockingham Lotteries House.

Everyone welcome, no skills required to join.

Out of pocket costs: $100 for the program to include lunch and all ingredients each week.

Supports and transport, if applicable, will be invoiced to your NDIS/Plan Manager after each session has concluded.

EVENT DETAILS

Date:	Every Thursday from 17th Oct – 21st Nov
Time:	10am – 2pm
Location:	Rockingham Lotteries House
Contact:	Deb Naughton – 0409 520 747 or dnaughton@4lifeskills.org.au

Connectedness
When we are connected to people and places, we belong.

Passion
We bring energy, commitment and optimism in an ever changing world.

Responsiveness
We take action whenever we see, hear, or feel there are new opportunities to learn and improve.

Trust
We work together, supporting each other to achieve great things.